

2021 Development Nationals Schedule - Tentative

Tuesday May 11th:

Set-up Equipment All Day

Training Session – JE Athletes Only by Reservation Only (*Gym#3 and Gym#2 Warm-up Area*)

- Session 1: 5:00 – 7:00 PM Eastern/Central Time Zones: Capacity 125
- Session 2: 7:00 – 9:00 PM Pacific/Mountain Time Zones: Capacity 125

Wednesday May 12th:

Regional Training Day: Scheduled regions (*Levels 9/10 JN & JE Athletes All Levels Only*)

Tentative Time Schedule and Assignment: Gym#1 & Gym#2 Only

- 8:00-9:45 AM – Region 8 (115)
- 9:45-11:30 AM – Region 3 (130)
- 11:30-1:15 PM – Region 5 (130)
- 1:15–3:00 PM – Region 7 (115)
- 3:00-5:00 PM – Regions 2,4,6 (140)
- 5:00-7:00 PM – Regions 1/9 (140)

Scheduled Coaches Technical Meeting @ 7:00-7:30PM

Thursday May 13th:

Competition Schedule: 8:00AM-9:00PM Gym#1 & Gym#2

- Session 1 – Level 9 JN Optional
 - 8:00-8:40 AM Stretch and TWU Group A
 - 8:40-11:45 AM Competition
 - 11:45-12:30 PM Awards (*13/14 AA & IE + L9 Regional Team*)
- Session 2 – Levels 8/9 JE Optional
 - 12:55-1:35 PM Stretch and TWU Group A
 - 1:35-4:35 PM Competition
 - 4:35-4:55 Awards (*L9 Club Team, L8/9 Regional Team*)
- Session 3 – Level 10 JE Optional
 - 5:15-5:55 PM Stretch and TWU Group A
 - 5:55-8:50 PM Competition
 - 8:50-9:00 PM Awards (*L10 Regional Team*)

Training Schedule: 8:00 AM – 9:00 PM Gym #3 Only

- 8:00 AM – 5:00 PM: 1 ½ Hour Sessions By Reservation Only (60 Athlete Capacity – Level 10 JN Only)
- 5:00 PM – 9:00 PM: GymACT Only – (2) Two Hour Sessions

Friday May 14th:

Competition Schedule: 8:00AM-9:00PM Gym#1 & Gym#2

- Session 4 – Level 10 JN Optional
 - 8:00-8:40 AM Stretch and TWU Group A
 - 8:40-12:10 PM Competition
- Session 5 – Level 10 JN Optional
 - 12:30-1:10 PM Stretch and TWU Group A
 - 1:10-4:40 PM Competition

- Session 6 – Level 10 JN & Regional Team Optional
 - 5:00-5:40 Stretch and TWU Group A
 - 5:40-8:40 Competition
 - 8:40-9:00 PM Awards (*Regional Team Awards*)

Training Schedule: 8:00 AM – 9:00 PM Gym #3 Only, 9:00 PM – 10:00 PM Gym #1 Only

- 8:00 AM – 7:00 PM: 2 Hour Sessions By Reservation Only (60 Athlete Capacity – JE, L8 JN)
- 7:00 PM – 9:00 PM: GymACT Only
- 9:00 PM – 10:00 PM: GymACT Only

Saturday May 15th:

Competition Schedule: 8:00AM-9:30PM Gym#1 & Gym#2

- Session 7 – Level 8/9 JE Technical Sequence Final
 - 8:00-8:40 AM Stretch and TWU Group A
 - 8:40-11:25 AM Competition
 - 11:25-12:25 Awards (*AA & IE + National Team*)
- Session 8 – Level 10 JE Technical Sequences Final
 - 12:45-1:25 Stretch and TWU Group A
 - 1:25 – 4:00 PM Competition
 - 4:00 – 5:00 PM Awards (*AA & IE + Qualifiers*)
- Session 9 – GymACT Championships Optional
 - 4:30 – 5:15 PM *Gym #2 & 3 Warm-up*
 - 5:15-6:00 PM Stretch and TWU Group A: *Gym 1 & Gym 2*
 - 6:30-9:00 PM Competition
 - 9:00-9:30 PM Awards

Training Schedule for Gym 3 Only:

- 9:00AM – 12:00PM *Gym ACT Open Training*
- 12:00PM – 4:00PM *Level 8 JN Only: (2) Two-hour Sessions by Reservation-Capacity 60*

Sunday May 16th:

Competition Schedule: 8:00AM-6:00PM Gym#1 & Gym#2

- Session 10 – Level 8 JN Optional
 - 8:00-8:40 AM Stretch and TWU Group A
 - 8:40-11:40 Competition
 - 11:40-12:30 Awards (*AA & IE + Club Team + Regional Team*)
- Session 11 – Level 10 JN Optional Final (*Top 30 AA Each Year*)
 - 12:50 – 1:30 PM Stretch and TWU Group A
 - 1:30 – 4:50 Competition
 - 5:00 – 5:45 Awards (*AA & IE*)

No Training in Gym #3 – Equipment Load Out

Note:

- *Gym #1 – Competition Gym*
- *Gym #2 – Capitol Cup Warm-up Gym*
- *Gym #3 – Open Training Gym for Scheduled training*