

# 2021 LEVEL 10 WOMEN'S DEVELOPEMNT PROGRAM NATIONAL CHAMPIONSHIPS

May 14-16, 2021  
TECHNICAL INFORMATION

## 1. **COMPETITION VENUE**

Ocean Center  
100 South Capitol Avenue  
Daytona Beach, FL  
<http://www.oceancenter.com/>

## 2. **CREDENTIAL AND PACKET PICK-UP**

Athlete and coaches' credential and competition packet pick-up will take place inside the north entrance to the Ocean Center Exhibit Hall. Credentials and coaches' packets (containing athlete numbers) will be available for pick-up starting Thursday, May 13, 2021 from 4:00-7:00pm, as well as throughout the weekend from 8:00am until the end of sessions for the day.

Coaches are required to check in and pick up credentials individually. ALL coaches will be expected to show their current USA Gymnastics membership card (it can be electronic – on a phone or tablet) at sign in, as well as sign the sanction form. No one will be allowed into the training or competition venues without the appropriate credential. Credentials must be worn so that they are visible on the outside of your clothing (except for athletes during warm-up and competition). Coaches, officials and USA Gymnastics staff must wear the credential at all times.

## 3. **HEALTH & WELLNESS SCREENING AND TEMPERATURE CHECK STATION**

**Everyone that is entering the Ocean Center must go through a Health and Wellness screening process. This is required each time you enter the building.**

- When arriving at the arena please pay attention to the signage.
- Look for the signage which will direct spectators, coaches and athletes to their check-in areas.
- You will scan the QR code on your phone and fill out the form.
  - Start the camera app on your mobile phone.
  - Hover the camera over the QR code and wait for the offer to open the site in your web browser which appears at the top of the screen.
  - Tap on the link to open it in the web browser.
  - Fill in your name, phone number and Gym with which you are associated.
  - Then answer the wellness questions and read the attendance agreement.
  - Tap "Check In"
  - A success message in a box with a green header shows up. You will **show the green success box** at your temperature check point.
- Due to using a different entrance, athletes will need a phone for check-in. We will provide I-pads for those that may not have a phone.

The information on the questionnaire will be used to meet the contract tracing requirements, as well as to ensure the health and safety of everyone that is in attendance.

- Feverish
- Chills
- Loss of taste or smell
- Cough
- Sore throat
- Headache
- Shortness of breath
- Nausea or vomiting
- Diarrhea
- Muscle aches without recognized cause

**If you are experiencing any of the above symptoms or are just not feeling well, we are asking that you please stay home.**

## 4. **GK APPAREL DISTRIBUTION**

GK apparel pick-up will take place in rooms 104A-B, which is located at the end of the West Concourse in the Ocean Center. Athlete GK apparel is available for pick-up starting Thursday, May 13, 2021 from 4:00-7:00pm, as well as throughout the weekend from 8:00am until the end of sessions for the day.

All Women's Development (Dev) Program Nationals competitors are required to wear the provided GK apparel for Friday training. All coaches are expected to be in PROPER professional gymnastics attire, as per [Chapter 1 in the Women's R&P](#), at all training sessions and during competition.

For questions regarding individual Regional apparel pick-up, contact your RACC or RDPCC.

Color-coded stickers indicating the athletes' graduation year will be available on-site during training day. Athletes who have not signed or are not committed are encouraged to attach these stickers to their competitor number and wear them during training and competition. NCAA coaches utilize this tool to identify the athletes for recruiting purposes.

## **6. SCRATCHES/CHANGES/REPLACEMENTS**

For scratches or changes in athlete or coach information, please contact Christy Naik at [cnaik@usagym.org](mailto:cnaik@usagym.org) or call 913-378-6263 IMMEDIATELY.

If a qualifier is injured prior to Dev Nationals, the alternate gymnast from her region and age division will replace her. Replacements will be allowed up to the start of the competition on the first event for each flight; however, the alternate must take the position and squad of the injured athlete.

If the injury/illness occurs within 48 hours of the start of competition, the first alternate will be contacted. If she is not present at the meet and is unable to participate, the second alternate, if in attendance at the meet, may be called upon to replace the injured/ill athlete. If the second alternate is not present at the meet site, there will be no replacement. Once at the venue, coaches of first and second alternates need to give their contact information to Christy Naik in case they are called to compete. First alternates are allowed to report to open stretch on competition day.

Any gymnast who is qualified to enter Dev Nationals, but is unable to compete, is REQUIRED to IMMEDIATELY notify the USA Gymnastics Women's Development Program Director and their Regional Administrative or Development Program Committee Chairman. The Women's Development Program Director will then notify the alternate and the Meet Director at Dev Nationals.

DO NOT CONTACT THE COACH OF THE ALTERNATE GYMNAST DIRECTLY!!

## **6. TECHNICAL MEETING**

An Orientation/Technical Meeting for coaches will be held prior to each training session and each competitive session throughout the weekend. All coaches are requested to attend.

## **7. TRAINING DAY**

The training day schedule is posted [online](#). Training is available for all Dev National Competitors. Structured workouts are assigned by region, with consideration for geographic location and time change. Athletes may ONLY train in the DESIGNATED gym at the DESIGNATED time. The competition gyms have identical equipment. Medical personnel are present for ALL training and competition. All coaches are expected to be in PROPER Professional Gymnastics attire for Friday training. Please check with your Regional Administrative or Dev Chair for details concerning first and second alternates training.

## **8. COMPETITION DAY**

Please check the [schedule posted online](#) for the competition day schedule. Competition will be conducted in Modified Capitol Cup format with two competition gyms (Junior and Senior). Each competition gym will contain two sets of competition apparatus, one set for Flight 1 and the other set for Flight 2. Only athletes assigned to the session, their coaches, and meet officials are allowed in the Field of Play during the competition.

To allow for cleaning of the competitive gyms in between sessions, we ask that you do not arrive more the 20 minutes prior to your scheduled check-in time. Upon check-in we will ask athletes and coaches to move to the athlete/coach seating area of their first competitive event to wait for open stretch to begin.

To ensure social distancing, open stretch will be at your first competitive event. For example, vault will be done on vault runway/mats, bar on bar mats, beam on beam mats and floor on the floor.

There will be three sessions per day in each of the two gyms. Each session will be a separate competition for one age division and includes eight (8) Regional teams, each consisting of seven (7) athletes.

To recognize our athletes and to once again ensure social distancing, we will ask the athletes to put on their warm-ups and line up at their first competitive event seating area for introductions and announcements. Immediately following the introductions, the first four squads in each gym (Flight 1) will warm-up their first event in the competition gym. The second four squads in each gym (Flight 2) will report to their first event and wait for the signal to begin timed warm-ups.

The two flights continue to alternate warm-ups and competition until all eight squads have completed all four events. Judges will move from Flight 1 equipment to Flight 2 equipment during the course of the competition.

## **9. EQUIPMENT**

AAI is the official equipment supplier and sponsor of USA Gymnastics. The apparatus meets all specifications as outlined in the USA Gymnastics *Women's Program Rules and Policies*. All rules regarding mat and apparatus placement are found in the *Women's Program Rules and Policies* and appropriate deductions will be taken for misuse.

## **10. FLOOR EXERCISE MUSIC**

Coaches are responsible for bringing their gymnast's music and, per USA Gymnastics *Women's Program Rules and Policies*,

must provide Floor exercise music in digital format (MP3, computer, tablet, smart phone, etc.). CD playback equipment is no longer provided by the Meet Director. These electronic devices must have a display screen and must be on airplane mode, when applicable.

#### 11. **VAULT NUMBERS CHART**

A vault chart will be posted at the vaulting event in each gym. Vault numbers must be displayed prior to each vault. It is the coach's or athlete's responsibility to flash the correct number for the vault the gymnast intends to perform.

#### 12. **SCORING**

A copy of the final results will be available to all coaches online after the competition.

#### 13. **AWARDS**

The awards ceremony will take place in the exhibition hall on the competition floor. This will allow all family members to take part in this celebration of our athletes and socially distance in the process.

Top 10 All-Around and Individual Event winners for each of the twelve age divisions are determined by the competition. Ties are not broken; duplicate awards are presented.

Team Awards:

All members of the top three (3) winning teams in each age division will receive an award. Team scores are determined by adding the top four (4) scores on each event. In the event there is a tie in the team competition, the team with the highest individual event team score will receive the plaques at the awards ceremony. Plaques will be mailed to the members of the other team.

An overall Regional Team Champion will be announced based upon the rankings of the Regional Teams in each age division.

Women's Development Program (Dev) National Team:

The top four AA gymnasts per age division will be designated as the Dev National Team and will receive plaques and will be invited to attend a Dev National Team Training Camp. In the case of a tie for fourth place, the tied athletes will qualify to the Dev National Team.

If an eligible non-citizen athlete places in the top four (4) AA, she will receive the award for her AA placement; however, she is not eligible to become a member of the US Dev National Team.

In this instance, the next US citizen in rank order is placed on the Dev National Team.

#### 14. **SUBMISSION OF NEW ELEMENTS**

For all Dev Nationals athletes, the USA Gymnastics New Element Evaluation form must be submitted to the National Technical Committee Chairman (NTCC) Cheryl Hamilton, by the conclusion of Thursday training. **All forms must be signed by your RTCC and include the gymnast competitor number and age division.**

NO OTHER FORM OF VERIFICATION WILL BE ACCEPTABLE.

Once the skill is performed successfully in competition at Dev Nationals, it will be presented at the Joint Development Program and Technical committees meeting for confirmation of difficulty value and then added to the *Development Program Code of Points*, with the athlete's name.

#### 15. **INQUIRY FORMS**

Inquiry forms are available at the head table. Please complete the form and return it to Cheryl Hamilton, Tom Koll, Connie Maloney, or Christy Naik for evaluation.